

Physical Fitness Self Defence Course



RAMANANDA COLLEGE

ESTD - 1945

BISHNUPUR * BANKURA

Pin - 722122, West Bengal

UGC Recognized & State Government Aided Constituent College

Under the Bankura University

(Accredited by NAAC at 'B' Level)



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Report of the Event (Self Defense Course)

- Name of the organizing Department(s): Ramananda College
- Collaborating Agency (if any): Bishnupur Karata Centre
- Title of the Training - Self Defense Course.
- Funded by: Ramnanda College
- Date(s): 24-02-2020 to 02-03-2020
- Level: National / International / State / College
- Number of participants: 44 (Girls Students)
- **Summary:** Karate training- With the rising number of crimes against women in the nation, the Government is taking a step forward for self-defense training for girls in college to ensure their safety. The training should be given from the beginning to protect themselves in every parts of the world. Training is to be provided to persons from government schools, colleges, girl student staying in hostels, hostels recognized by Social Welfare Department, women belonging to BPL, slum dwellers, students of Orphanage, etc. This proposal has been recommended in principle by the Empowered Committee of the Nirbhaya Fund under the Ministry of Women and Child Development that self-defense training can be incorporated in the curriculum of every college. So our college has taken initiative to introduce such training programmes for girl students.


21/2/2021
Principal
Ramananda College,
Bishnupur, Bankura

Photos of Self Defense Course

